

**The following menu was planned by
The Area Agency on Aging:
October 5 - 9, 2026**

Monday

**Vegetable Beef Soup
Tossed Salad
Cornbread
Apple**

Tuesday

**Crispy Chicken
Carrots
Green Beans
Biscuit
Pineapple**

Wednesday

**Salsbury Steak
w/ Gravy
Rice
Cabbage
Cornbread
Pears**

Thursday

**Sloppy Joe
Sweet Potato Wedges
Coleslaw
Mandarin Oranges**

Friday

**Turkey & Swiss
Sandwich
Potato Salad
Dessert**

